



The World's Best Multis
and Longevity Enzymes



NOVEMBER 2009

"Success begins with
good health."
Al Amatuzio President and CEO, AMSOIL INC.

Get the Inside Scoop on ALTRUM

Learning about ALTRUM Nutritional Supplements' many health benefits just got easier.

ALTRUM has posted online a new Voice-Over PowerPoint Presentation (VOPP) that introduces each of the ALTRUM supplements. "The VOOP presentation is a tool that we're offering all the Dealers to help them familiarize themselves with the products," said ALTRUM Manager Greg Sawyer. "It offers brief explanations of each vitamin or supplement."

Dealers can view the presentation at their leisure and review it as many times as needed to speak confidently about the products.

Lifestyle Choices Can Protect Your Health

Sawyer is a chiropractor by education, and was graduated from Northwestern College of Chiropractic in Minneapolis, Minn. He holds a bachelor's degree in pre-med (biology, chemistry and physics) from the University of Wisconsin, River Falls.

"I've been in health care since 1973," Sawyer said. "I am fortunate enough to have a physician wife who is both a medical doctor (M.D.) and a doctor of naturopathy, (N.D.). We often talk about new and old ways of healing naturally. People rely too much on medications. They're reactive rather than proactive."

Sawyer believes lifestyle changes can provide longer, healthier lives for most people.

"They're trying to put the fire out rather than pursuing a healthier lifestyle with a better diet and some kind of exercise — just walking half an hour a day," he said. "Obesity is going to be one of the leading causes of disease now and in the future."

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ALTRUM INTRODUCES NEW HEALTH/BUSINESS TOOL — Voice-Over PowerPoint Presentation (www.altrumonline.com)

"The food industry is largely to blame, starting in the '50s and '60s when we went from home-cooked to processed food and a sedentary lifestyle. It's just all a nexus for disaster, physically and healthwise because our immune systems weaken."

Why Choose ALTRUM Supplements?

ALTRUM has conducted extensive ingredient and price comparisons, Sawyer said.

"There's no other multiple vitamin on the market that has 130 ingredients and are as natural as what's in ALTRUM multis for the price," Sawyer said.

Comparisons of ALTRUM Ultra Multi against one of the top-tier health food store multiple vitamins reveal that while the product "has excellent ingredients, there are only 80, not the 130 ingredients in our Ultra Multi," Sawyer said. This product retails for \$70.15, and can be purchased online for a low as \$45.34. Dealers pay \$28.20 for Ultra Multis with 130 ingredients.

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** Please check with your physician when using prescription medications in combination with food supplements.

Energize Your Life With ALTRUM

Direct Jobber Gerry Reid of North Carolina is a long time ALTRUM supplements user who believes the supplements, and a healthy lifestyle, are the reason he's living a long, healthy life.

At 74, Reid understands the importance of taking care of his body.

He has used *Ultra Multis* for many years and knows there is no other formulation on the market that can compare.

Reid added ALTRUM *Vision Power* to his daily regimen about four years ago when he had the beginnings of a cataract. "I started taking *Vision Power* and within a year there was no evidence of a cataract at all," Reid said. **We are so fortunate. I'm 74, and to feel this good... it's amazing."***

In recent years, he added *Prostate Formula* to his personal regimen.

An extremely high PSA score during a physical about four years ago sent Reid to a urologist. "It turned out that my reading was actually 3.6. I immediately began taking *Prostate Formula* religiously, and my last reading was 2.8, a score that is well within the normal range."*

'I Never Would Have Endured...'

Dealer Gary Bailes of Florida relies on ALTRUM Nutritional Supplements to help him in his tough work schedule.

"I work as a foreman in the nuclear power industry in Florida part of the year," Bailes said. **"I never would have endured the long 12-hour days, seven-day weeks for months at a time without A.J.'s *Ultra Multis* and A.J.'s *Roborant Energy*."**



Direct Jobbers Gerry
and Patricia Reid



Dealer
Gary Bailes

Personal Story Makes the Sale

Dealer Charles Peters said his best selling tool is to simply "tell people what the supplements are doing for me and my wife. I have a Preferred Customer who told me he's taking those purple pills the same as my wife, Liane, did for a digestive disorder. I told him my wife's story, (see the July ALTRUM News) and now he can't wait to try the *Ultra Daily Enzymes*.



Dealers Charles and Liane Peters and six-year-old grandson, Brandon.

"I show people the three pages of ingredients in *Ultra Multis* and ask them if they've ever seen a longer list of ingredients. It's like Direct Jobber Tom Shalin said, **'it's just sharing with people. You're not selling, you're sharing information about a product that everyone uses, needs and wants.' It works for me."**

'Experiment' for Health Pays Off

ALTRUM writer Kathy Anderson gives a first-person account of her experience with ALTRUM supplements.

When I began writing for ALTRUM three years ago, I approached it with the skepticism of a journalist. I determined to discover for myself if and how ALTRUM Nutritional Supplements could make a difference in my health.

The results: I feel 10 years younger. My life is active and full. I have energy to enjoy my grandchildren, and I've lost 31 pounds this past year.

The supplements make a difference for me. I know this is true, not only because of the research I've done on nutrition but because of the way I feel.

I use a large number of ALTRUM products. Some of my favorites are:

- *Ultra Daily Enzymes* unlocks the good nutrients in the foods I eat now, so my body gets the benefits of them.
- *Ultra Multis* gives me an all-around base for every nutrient.
- ALTRUM *Nutritional Oils*, along with a deliberate, healthy eating plan helped me reduce joint discomfort, and balanced my cholesterol levels.
- *Vision Power*'s formula has nutrients known to protect eye health. I've noticed recently I'm able to read more without my eyeglasses, so I'm looking forward to my annual eye exam this fall to discover if my eyes have improved.



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** Please check with your physician when using prescription medications in combination with food supplements.

Some ALTRUM Products See Price Adjustment

Rising costs of materials have created the need to adjust the price of some of the ALTRUM supplements. Nine of the 30 ALTRUM products will see a modest increase on Dec. 1, 2009. These products are:

A.J.'s Ultra Multi (DWI), Ultra Multi (DNU)	\$28.20
Daily Nutritional Support (DNS)	\$21.50
Joint Formula (DJF)	\$18.60
Daily Enzyme Support (DNS)	\$15.15
Daily Garlic Support (DGS)	\$14.80
Stress Management (VBO10)	\$12.00
Nutritional Oils (DNO)	\$22.75
Superfood Alfalfa (VBO01)	\$6.95



ALTRUM Labels Change to Give You Useful Information

Within the next year, ALTRUM supplements labels will change from listing an expiration date to the manufacture date. This will appear on the label as "Manf." and provide clearer information for freshness.

Maximize ALTRUM Supplement Storage and Use:

Most of the supplements are best if used within 36 months of the manufacture date. *Vision Power* and the enzyme products, *Ultra Daily Enzymes* and *Daily Enzyme Support*, are best if used within 18 months of the manufacture date and can be refrigerated to extend shelf life. *Longevity Enzymes* are best if used within 24 months. All ALTRUM Nutritional Supplements should be stored in a cool, dry place out of sunlight and with the lid tightly closed.

AGGRAND News Feature: Dealer Saves Big

Dealer Mark Reed of Julesburg, Colo. this season **saved about \$26,000 using AGGRAND Natural Liquid Fertilizers.**

In the past, Reed used chemical fertilizers for about \$30,000 on 773 acres of hard, red winter wheat. He spent \$4,000 on AGGRAND fertilizers this year. **"That's a cost of only \$5 an acre," Reed said. "It's a huge savings."**

He started planting his wheat last September. The planted rows were side dressed, or banded, with AGGRAND 4-3-3 Natural Liquid Fertilizer and AGGRAND 0-12-0 Natural Liquid Bonemeal. Reed mixed 40 gallons of AGGRAND to 1,000 gallons of water and applied the mixture at five gallons per acre.

Dealer Salvages Wheat Harvest with AGGRAND



"In the beginning of the season the wheat looked just as good as everyone else's," Reed said. Then he noticed the plants were healthier and the root system was better. "The plants are more sustainable and thrive better," he said. **Reed got 32 seeds per wheat head compared to 28 seeds per head on his neighbor's crops.**

Northeast Colorado got more than 30 inches of rain this season, double the normal rainfall. "Eight major hail storms came through here this year," Reed said. "We took a 40 percent loss. Some farmers got nothing."

Despite the extensive weather damage, he harvested between 21 and 31 bushels of wheat per acre, which is about average.

"It would have been up to 45 to 50 bushels an acre before the hail," he said. Although he suffered a big loss, Reed credits AGGRAND with helping him to make it through a tough growing season.

"We can survive better with the better bottom line in costs for the fertilizers," he said.

Reed also is sold on AGGRAND fertilizers for their benefits to the environment. "I think it's important to leave less of a carbon footprint," he said. "I feel real good about contributing to that."

"AGGRAND fertilizers are better for the environment and replenish the soil. It's natural and the pH is better. And we get a better yield."

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Recharge Your Health

Longevity Enzymes™
provide nutritional support for aging and for balancing inflammation. A perfect complement to the *Joint Formula* because it provides joint discomfort relief.*



A.J.'s Roborant Energy™ Unique elixir of 7 strengthening "Root of Life™" herbs for daily long-term support of vigor, strength and endurance.*



Ultra Multi with Iron
Multi-vitamin, mineral, superfood, herbal supplement. Same great formula as AJ's ULTRA Multi but with iron. The ultimate in nutritional support.* Contains 38 ingredients beyond the DNS premium multi.



Daily Nutritional Support (DNS)
Our original premium formula.

Smaller Tablets



Vision Power
Support your sight with proven eye nutrients. Breakthrough formula.*



Daily Garlic Support
95% odorless, high potency, certified allicin-rich, standardized potency. Each capsule equals 1250mg of whole garlic.



Upliftment Formula - Mood Enhancement Support Best form of St. John's Wort.*



Children's Chewable Multi
Great tasting nutritional support for raising healthy kids, or adults who prefer a chewable.



Receive Commission Credits on all ALTRUM Products

Stock#	Pkg./Size	Comm. Credits	Pref.Cust. Dealer Price	Sugg. Retail
DZM01	(1) 90 ct.	24.15	25.35	35.85
DZM06	(6) 90 ct.	144.90	144.90	214.50
DMF01	(1) 100 ct.	27.35	28.70	40.60
DMF06	(6) 100 ct.	164.10	164.10	243.00
DRE01	(1) 60 ct.	28.00	29.35	41.55
DRE06	(6) 60 ct.	168.00	168.00	248.70
DUO01	(1) 60 ct.	13.60	14.25	19.20
DUO06	(6) 60 ct.	81.60	81.60	114.60
DNO01	(1) 90 ct.	20.40	21.40	30.35
DNO06	(6) 90 ct.	122.40	122.40	181.50
DNU01	(1) 180 ct.	24.00	25.20	37.15
DNU06	(6) 180 ct.	144.00	144.00	222.30
DNS01	(1) 180 ct.	17.65	18.50	27.35
DNS06	(6) 180 ct.	105.90	105.90	163.50
DEU01	(1) 90 ct.	23.70	24.85	35.35
DEU06	(6) 90 ct.	142.20	142.20	210.90
DVP01	(1) 100 ct.	29.55	31.00	45.60
DVP06	(6) 100 ct.	177.30	177.30	273.00
DES01	(1) 90 ct.	12.55	13.15	18.05
DES06	(6) 90 ct.	75.30	75.30	107.70
DGS01	(1) 120 ct.	12.20	12.80	18.00
DGS06	(6) 120 ct.	73.20	73.20	107.40
DUC01	(1) 90 ct.	12.05	12.65	18.05
DUC06	(6) 90 ct.	72.30	72.30	107.70
DUF01	(1) 60 ct.	11.30	11.85	16.20
DUF06	(6) 60 ct.	67.80	67.80	96.60
DCC01	(1) 90 ct.	9.45	9.90	14.70
DCC06	(6) 90 ct.	56.70	56.70	87.60
DBE01	(1) 120 ct.	9.60	10.05	14.60
DBE06	(6) 120 ct.	57.60	57.60	87.00

For more information on these products go to www.altrumonline.com



Memory Focus

provides you with the most effective brain health nutrients to support:

- Mental Sharpness
- Focus
- Concentration
- Recall
- Quick Thinking*



Ultra Omega-3

is a concentrated omega-3 product providing an ideal source of the highest quality EPA and DHA essential fatty acids from premium, molecular-distilled marine lipids from fish oils.

Nutritional Oils

keep your body finely tuned and running efficiently.* This all-in-one EFA (essential fatty acid) formula provides omega 3 and 6, EPA, DHA, ALA and GLA from 1200 mg each of Borage, Flax and Fish per day.



Ultra Daily Enzymes

Your key to unlocking nutrition from your food. **Your most important supplement.*** Includes 13 powerful digestive enzymes plus probiotics.



Daily Enzyme Support

Experience our original premium enzyme formula.



Ultra Calcium Complex

Multiple source high-quality calcium.



Superfood Bee Pollen
with propolis and royal jelly. Potent source of natural nutrition.



When ordering, have your ZO#, shipping address and VISA/Mastercard information ready.

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** Please check with your physician when using prescription medications in combination with food supplements.

ORDER #: 1-800-777-7094 To Fax Your Order : 1-715-392-5225 or 1-715-392-5267
Dealers and Preferred Customers can order in the Dealer Orders section at www.amsoil.com.

A.J.'s Ultra Multi without Iron Multi-vitamin, mineral, superfood, herbal supplement. Same great new formula as the Ultra Multi but without iron. Contains 38 ingredients beyond the DNS premium multi.		Stock# Pkg./Size Comm. Credits Pref.Cust. Dealer Price Sugg. Retail	DWI01 (1) 180 ct. 24.00 25.20 37.15 DWI06 (6) 180 ct. 144.00 144.00 222.30 DZL01 (1) 100 ct. 7.50 7.85 11.30 DZL06 (6) 100 ct. 45.00 45.00 67.20		Cold Season Zinc Lozenges Contains echinacea, propolis, slippery elm, vitamin C and vitamin A. High zinc ion availability when absorbed under the tongue.*
A.J.'s Male Power For natural enhancement of male potency. Twelve super nutrients for increased male vigor.*		DBP01 (1) 60 ct. 14.85 15.55 22.25 DBP06 (6) 60 ct. 89.10 89.10 132.90		A.J.'s Brain Power Promotes healthy mental and memory function, plus energy and a healthy circulatory system.* Rich in ginkgo biloba.	
A.J.'s Prostate Formula Most advanced prostate formula with 14 powerful prostate supporting ingredients for male function and prostate health.*		DMP01 (1) 60 ct. 14.00 14.70 19.65 DMP06 (6) 60 ct. 84.00 84.00 117.30		A.J.'s Super Energy "Wake-up" or "Stay Awake" Formula. High-energy formula with guarana and ginseng plus bee pollen, kola nut, cayenne, schizandra and barley grass.	
Boost Joint Nutrition Superfood Phytonutrient Support Nine super-vegetable concentrates loaded with nutrient-rich deep greens.		DSE01 (1) 60 ct. 12.00 12.55 17.70 DSE06 (6) 60 ct. 72.00 72.00 105.60		*Boost Joint Nutrition Superfood Alfalfa Super green mineral-rich food supporting the entire body.*	
Superfood Lecithin Loaded with natural nerve and brain nutrients, promotes memory, concentration and fat control.*		DPF01 (1) 60 ct. 26.90 28.20 39.95 DPF06 (6) 60 ct. 161.40 161.40 239.10		Joint Formula Customer Favorite! Nutritional Joint Support For healthy joints, cartilage and connective tissue, with glucosamine, chondroitin, MSM and boswellia.*	
Vitamin C-600 with Rosehips Controlled release, good for cellular health, healthy connective tissue and for fighting colds and infections.*		VB001 (1) 160 ct. 4.85 5.05 7.65 VB601 (6) 160 ct. 29.10 29.10 45.30		Stress Management System Loaded with B complex, vitamin C and zinc.	
Orange Juice Chewable Vitamin C Tastes great! 500mg vitamin C plus lemon bioflavonoid complex and orange juice. Promotes healthy connective tissue and cellular health.*		DPN01 (1) 75 ct. 12.10 12.70 17.80 DPN06 (6) 75 ct. 72.60 72.60 106.20		Vitamin E-400 with Selenium Best quality D-Alpha Tocopherol and organically bound selenium on the market.*	
	"If you're going to take good care of your vehicles and equipment, then it's equally important to take good care of your body."	VB010 (1) 120 ct. 8.60 9.00 12.95 VB610 (6) 120 ct. 51.60 51.60 77.10		Coenzyme Q10 Highest quality 30mg softgels supports cardiovascular function, energizes cells and boosts stamina.*	
-Bill Durand, 5-Star Regency Platinum Direct Jobber		VB020 (1) 100 ct. 6.10 6.40 9.10 VB620 (6) 100 ct. 36.60 36.60 54.00			
		VB030 (1) 120 ct. 16.15 16.95 21.80 VB630 (6) 120 ct. 96.90 96.90 130.20			
		DOJ01 (1) 150 ct. 8.10 8.50 12.45 DOJ06 (6) 150 ct. 48.60 48.60 74.10			
		DEQ01 (1) 60 ct. 16.70 17.50 24.90 DEQ06 (6) 60 ct. 100.20 100.20 148.30			
				For more information on these products go to www.altrumonline.com	

Save on 6-packs!

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Superior Nutrition for Natural Wellness

continued from page 1

"Even the Daily Nutritional Support, our starter premium multi-vitamin (with smaller tablets), is better than anything out there not only in performance and ingredients, but in price."

Designed to Promote Natural Wellness

The nutrients in ALTRUM products are specifically chosen to provide balanced supplementation and the best possible nutrition for the body.

"The formulations are devised to give you multiple products that work in synergy with one another," Sawyer said. "They provide nutritional support to help natural healing of the body rather than bombarding the body with chemicals from pharmaceuticals. These are proven ingredients — proven over decades, and in some cases hundreds of years."

ALTRUM Supplements: Food for Your Body

ALTRUM formulas are one of a kind, down to the manufacturing process that assures your body gets the nutrients.

"The formulas are unique," Sawyer said. "ALTRUM supplements are food products, so they are readily

absorbed in your system. They liquefy rapidly. They're broken down in the digestive tract so the nutrients become available to the body."

Continuity of Services Brings Trust

The ALTRUM line of supplements was introduced nearly 25 years ago. "We've been fortunate to have continuity of services and high quality products from the same manufacturer since 1985," Sawyer said. "That brings with it trust and security and knowledge of the integrity of our products."



NEW

Rejuvenate Regenerate Renew

ALTRUM
Health Division of AMSOIL, INC.

Better health through proper nutrition.
Good nutritional supplements can help
maintain a healthy quality of life

Order	Stock	Order	Stock
1. Multi-V	001-001	2. Multi-Z	001-002
3. Zinc	001-003	4. Zinc	001-004
5. Zinc	001-005	6. Zinc	001-006
7. Zinc	001-007	8. Zinc	001-008
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